



Have You Scheduled Your Free Well-Woman Visit This Year?

You can receive copay-free women’s health services with most health insurance plans when seen by an in-network provider. This is true even if you haven’t met your yearly deductible. These preventative services allow your doctor to help you stay healthy and prevent future health problems!

COPAY-FREE SERVICES

FOR WHO?

<input checked="" type="checkbox"/>	Well-woman visit with a doctor or nurse <i>Get a physical exam and talk about your health goals in order to stay healthy.</i>	Women under 65
<input checked="" type="checkbox"/>	Birth control (contraceptives) and counseling <i>Prevent pregnancy until you are ready for a baby.</i>	Sexually active women
<input checked="" type="checkbox"/>	STI (Sexually Transmitted Infections) and HIV testing <i>Test for STIs such as chlamydia, gonorrhea, syphilis and HIV. Many infections have no or mild symptoms.</i>	Sexually active or pregnant women
<input checked="" type="checkbox"/>	Pap test (cervical cancer screening) <i>Check for cervical cancer cells early so you can treat it early and prevent cervical cancer.</i>	Sexually active women
<input checked="" type="checkbox"/>	Breast cancer screening (mammogram) <i>Check for breast cancer. Most women can survive breast cancer if it is found and treated early.</i>	Women over 40
<input checked="" type="checkbox"/>	Breastfeeding support, supplies, and counseling <i>Talk to your doctor about breastfeeding. It is very healthy for you and your baby.</i>	Pregnant women
<input checked="" type="checkbox"/>	Anemia screening <i>Check your blood routinely, so you can protect yourself and your baby.</i>	Pregnant women
<input checked="" type="checkbox"/>	Bone density test (osteoporosis screening) <i>Check the strength of your bones. Weak bones are more likely to break.</i>	Women over 60
<input checked="" type="checkbox"/>	Domestic violence screening and counseling <i>If you have experienced any abuse or trauma, talk to your doctor about getting help.</i>	Women of all ages
<input checked="" type="checkbox"/>	Depression screening <i>If you think you might be sad or feeling hopeless, talk with a doctor.</i>	Women of all ages
<input checked="" type="checkbox"/>	Blood pressure test <i>Check your blood pressure and ask if you need to be screened for diabetes or tested for high cholesterol.</i>	Women of all ages
<input checked="" type="checkbox"/>	Vaccines <i>Protect yourself and others from serious diseases. Ask your doctor about the HPV vaccine.</i>	Women of all ages
<input checked="" type="checkbox"/>	Tobacco use screening <i>Cessation interventions are available to help you quit smoking and lower your risk of lung cancer, stroke, heart disease and more.</i>	Women of all ages



Colorado Consumer
Health Initiative